

## Global Health: Why you really should care

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### Objectives

To develop an understanding of:

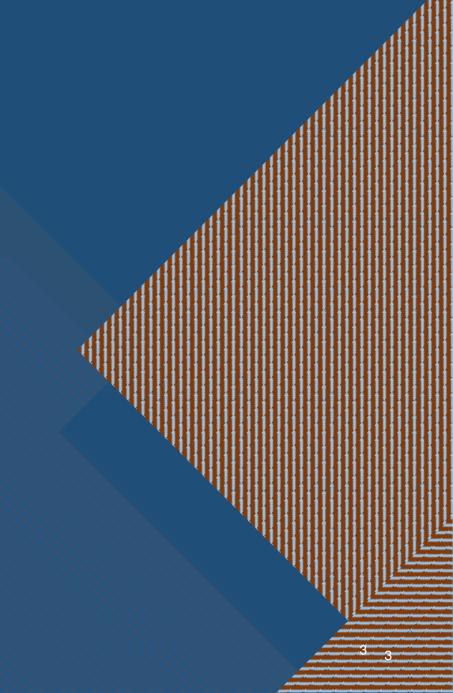
Key threats to global health

Why they are so important

How they might be addressed

How far off course the world is

## Let's start with key definitions



#### Global Health

The health of populations in a global context emphasizing:

Areas requiring cooperative action

Interdependent health arenas

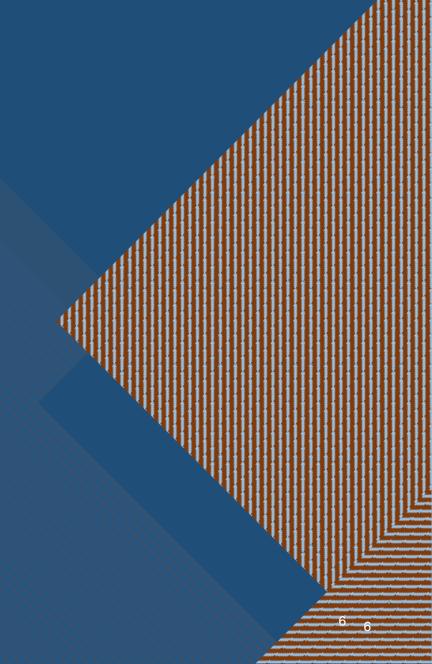
Lessons that can be shared across countries

The health of people, especially marginalized people, in low-and middle-income countries

#### **Health Security**

The activities required to minimize the danger and impact of acute public *health* events that endanger the collective *health* of populations living across geographical regions and international boundaries

# Let's look at some good news and some less good news in global health



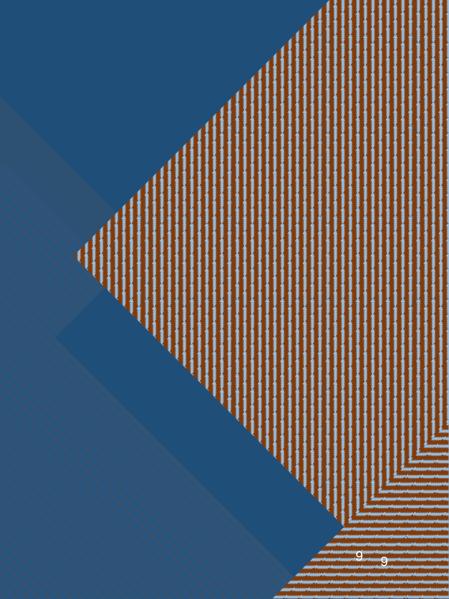
#### The Good News

increase in global life fewer maternal deaths in 37% 44% expectancy from 1960 to 2016 2015 than in 1990 decrease in malaria mortality decrease in child deaths 58% 62% among under-5 children between 1960 and 2016 between 1990 and 2017 53 children have been immunized TB deaths averted from 200-2016 through successful against polio, with only 22 cases million billion diagnosis and treatment of wild poliovirus in 2017 reduction of guinea worm 900,000 fewer HIV/AIDS deaths in 2016, 99.9% cases, from 3.5 million in 1986 compared to 2005 to only 30 in 2017

#### The Bad News

TB deaths among HIV-1.3 5.6 negative people in 2017, in under-5 child deaths in 2016 addition to 374,000 people million million living with HIV share of child deaths related to ~50% 435,000 malaria deaths in 2017 undernutrition 303,000 940,000 deaths caused by AIDS in 2017 maternal deaths in 2015 1.8 people infected with new HIV infections in 2017 roundworm million billion

## Let's talk about critical threats to health



#### The World Faces a Number of Critical Threats to Health

unfinished agenda: neonatal, maternal, nutritional, and communicable causes

environmental health and climate change

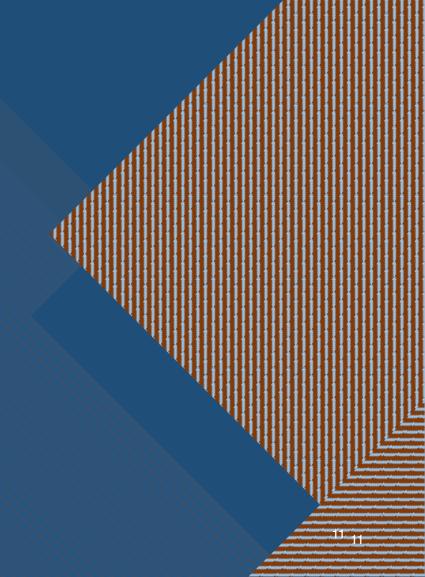
anti-microbial resistance

growing burden of noncommunicable diseases

emerging and reemerging infectious diseases

vaccine hesitancy

## Let me now briefly expand on each of these



#### The Unfinished Agenda

## Leading causes of death in low-income countries, 2017

**Nutritional** 

**Neonatal** 

**Maternal** 

Communicable

Rank	Cause of death					
1	Neonatal disorders					
2	Lower respiratory infections					
3	Diarrheal diseases					
4	Ischemic heart disease					
5	Malaria					
6	Tuberculosis					
7	Stroke					
8	HIV/AIDS					
9	Congenital defects					
10	Road injuries					

#### The Growing Burden of NCDs

Leading causes of DALYs globally from 1990 to 2017: The growing burden of non-communicable diseases

- Non-communicable diseases
- Communicable, maternal, neonatal, and nutritional diseases
- Injuries

1990 2017

1 Neonatal disorders  2 Lower respiratory infect  3 Diarrheal diseases  4 Ischemic heart disease  4 Lower respiratory infect  5 Stroke  6 Congenital defects  7 Road injuries  8 Tuberculosis  9 COPD  9 Low back pain  10 Measles  11 Malaria  12 Low back pain  13 Protein-energy malnutrition  14 Drowning  15 Self-harm  16 Meningitis  17 Headache disorders  18 Dietary iron deficiency  18 Falls				
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17 Headache disorders 17 Lung cancer	15 Self-harm		15 Depressive disorders	
	16 Meningitis		16 Cirrhosis	
18 Dietary iron deficiency 18 Falls	17 Headache disorders		17 Lung cancer	
	18 Dietary iron deficiency	H-: X: //	18 Falls	

#### The Environment and Health

Low-Income Countries		Lower Middle-Income Countries		Upper Middle-Income Countries		High-Income Countries	
Rank	Risk Factor	Rank	Risk Factor	Rank	Risk Factor	Rank	Risk Factor
1	High blood pressure	1	High blood pressure	1	High blood pressure	1	High blood pressure
2	Household air pollution	2	High fasting plasma glucose	2	Smoking	2	Smoking
3	Low birthweight and short gestation	3	Ambient particulate matter	3	High fasting plasma glucose	3	High body mass index
4	Child growth failure	4	Smoking	4	High body mass index	4	High fasting plasma glucose
5	Unsafe sex	5	High total cholesterol	5	High total cholesterol	5	High total cholesterol
6	Ambient particulate matter	6	Household air pollution	6	Ambient particulate matter	6	Alcohol use
7	High fasting plasma glucose	7	High body mass index	7	Alcohol use	7	Impaired kidney function
8	Unsafe water	8	Low birthweight and short gestation	8	High sodium	8	Low whole grains
9	Smoking	9	Impaired kidney function	9	Low whole grains	9	Ambient particulate matter
10	Unsafe sanitation	10	Low fruit	10	Impaired kidney function	10	High sodium

25-35% of the burden of disease is related to environmental conditions

#### Climate Change



- Reduced agricultural production
- Migrants and their health
- Changing patterns of disease

#### **Emerging and Re-emerging Diseases**

SARS: 2,000 lives lost; cost \$30 billion

Mad Cow: <200 lives lost; cost \$30 billion

Anthrax scare in U.S.: 5 lives lost; cost \$1 billion

Ebola in West Africa: 15,000 lives lost; vast economic consequences

The list continues: Zika, Chikungunya, MERS, Dengue...

#### **Anti-microbial Resistance**

Malaria and the Mekong Delta

HIV

MDR-TB 5% DR 4% MDR 500,000 cases/yr

**MRSA** 

Strep pneumoniae

Carbapenemresistant Enterobacteriaceae

Candida Auris Sicker

Costlier

**Harder to treat** 

#### **Vaccine Hesitancy**

#### Why worry so much about measles?

Usually in pockets of unimmunized kids

Highly infectious diseases

Can be lethal

#### We were actually making progress...

2.6 million measles deaths in 1963 (before vaccine)

540,000 measles deaths in 2000

110,000 measles deaths yearly now

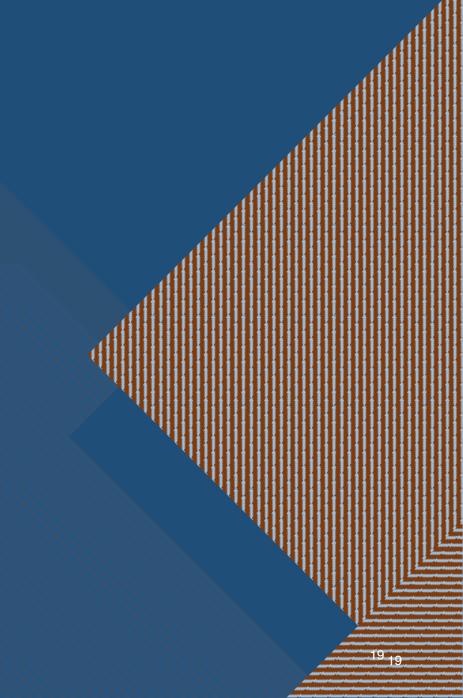
#### ...but that progress is being reversed

Cases and deaths are on the rise

Europe: 83,000 cases and 72 deaths in 2018

U.S.: 1,249 cases Jan-Oct 2019 (highest since 1992)

## So, what do we need to do?



#### **Needed Action**

Unfinished Agenda

Strengthen health systems

Focus on the marginalized

Scale up known technical solutions

**NCDs** 

Tax tobacco

Take cancer vaccines to scale

Implement the obesity agenda

Environment and Health

Improve indoor cooking

Reduce coal use and vehicle emissions

Enhance water systems, sanitation and hygiene

Climate Change

Implement the IPCC recommended actions

Emerging and Re-emerging Diseases

Implement the International Health Regulations

Strengthen global surveillance

Anti-microbial resistance

Improve stewardship

Reduce use in animals

Improve surveillance

Mechanisms to create new antibiotics

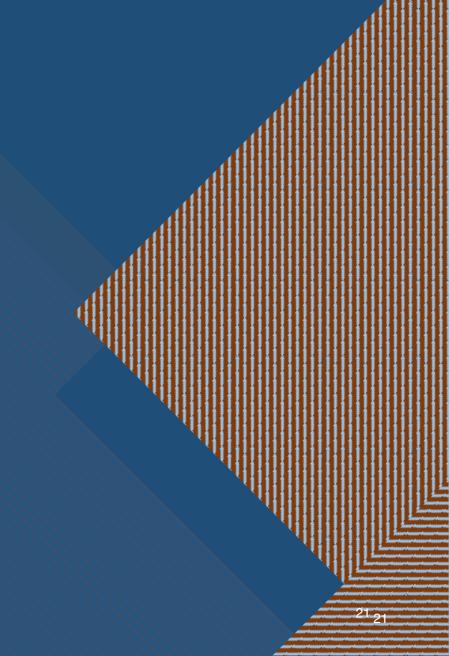
Vaccine Hesitancy

Reduce personal exemptions

Watch medical exemptions carefully

Appropriate behavior change communication

## What is getting in the way of action?



#### **Key Barriers**

Unfinished Agenda

Weak capacity

Limited financial resources

Insufficient commitment, fragile states

**NCDs** 

Still looking at what works at scale

Countries make money from selling tobacco

Environment and Health

Substantial needs for infrastructure

Difficulty of intersectoral regulation

Climate Change

**Politics** 

Denial

Emerging and Re-emerging Diseases

Head in the sand politics

Weak technical capacity

Anti-microbial resistance

Head in the sand politics

Weak technical capacity

Markets won't produce answers

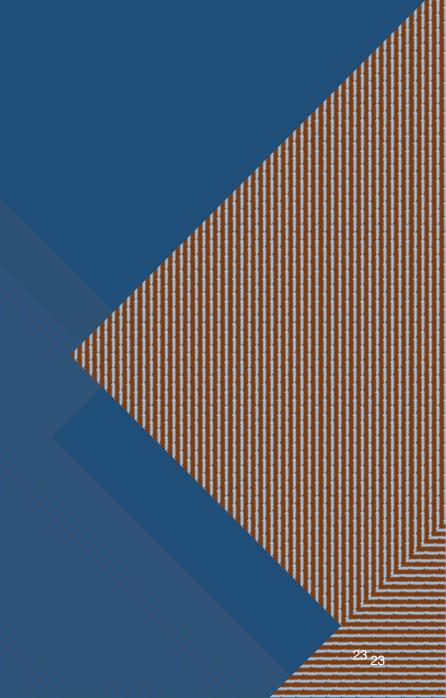
Vaccine Hesitancy

**Politics** 

Science denial

Unscrupulous physicians

## What can we do? What can you do?



#### We Need To...

Get better informed about global health threats and what can be done to address them in doable, sustainable, fair, and cost-efficient ways

Advocate for needed action to overcome political barriers

Push to strengthen global cooperation for increased technical capacity

Vote for people who know about, care about, and will act to enhance health security

#### The Takeaways

Important progress has been made in improving human health

The health of the globe faces a range of critical threats

We are very far from being ready to address some of these threats

Some scenarios are potentially disastrous if we don't do better quickly

We can encourage needed action – the gaps are largely political, not technical

# Thank You Again!